

HOW TO MANIFEST MONEY



Take the list you made and narrow it down to the first thing that is really meaningful and important to you.

Make sure that you feel excited about it. If it doesn't trigger an emotional response then try to manifest it.

Your goal has to be challenging yet believable. If you don't believe you will ever reach it then choose a smaller goal and keep making it bigger once you reach it.

Goal	Emotions Triggered

MAKE A MANIFESTATION BOARD

Use the manifestation board maker on [101planners.com](https://www.101planners.com) to make a vision board with images that visualize your goal.

Paste it on this page when it is complete.

TAKE ACTION

List the actions that you can take to reach your goals. Set reminders on your phone to follow up on the deadlines you set.

Goal	
Action Items	Deadline
Goal	
Action Items	Deadline

Goal

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Action Items	Deadline
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Goal

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Action Items	Deadline
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WRITE AFFIRMATIONS, WORDS OR QUOTES

Write affirmation or quotes for the goals that you have set. Repeat these daily and/or write them on your vision board.

Goal	Affirmation, words or quote

ALIGN YOUR THOUGHTS, WORDS AND ACTIONS

Make sure that your thoughts, words, actions and surroundings convey whatever you want to manifest.

Our thoughts lead to the words we speak, the feelings we feel, and the actions we take. Sometimes we are not even aware of our thoughts but we can understand them by looking at our actions.

Think about what you have asked for and make sure that your actions reflect what you desire to receive. Act as if you are receiving it. Do exactly what you would do if you were receiving it today and take actions in your life to reflect this. This will send out powerful signals of expectation to the Universe.

List the actions you can take to prepare your life for receiving your manifestation from the Universe.
